

Breathe Again
The IT

2 Timothy 1:16 TLB

Introduction - When one lives in survival mode (stagnant and lifeless), a breath of fresh air has the **POWER** to change everything.

I. Stuck in **NEUTRAL** (The Doldrums)

- A. Going through the motions - Jeremiah 6:14
- B. Kicking the can - Hebrews 12:15
- C. It's hopeless; giving up - Job 17:13
- D. Zombie living - 2 Corinthians 1:8-9

II. Getting **IT** and **KEEPING IT**

- Genesis 2:9
- Genesis 2:16-17
- Deuteronomy 30:19
- Working harder or receiving what has already been accomplished
- John 5:39-40
- Working for God's approval or receiving God's love for you
- Romans 5:8
- Obeying out of Duty (law) or obeying out of Delight (Heart)
- John 14:15

III. The Magnificent **SEVEN**

- Enjoying God: Participating out of delight rather than duty
- Embrace your design: God has a calling and uniqueness to your life
- Feeling empowered: Be creative and follow your dreams
- Keeping focus: Living out your purpose daily
- Laughing often: Find humor in all areas of life
- Cultivating relationships: Address hurts, wounds and disappointment as they occur
- Focus on others: more than yourself

Conclusion - Fall in love with **JESUS!** - Matthew 7:21-23